

Fakultet za sport i fizičko vaspitanje
Univerzitet Crne Gore
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Broj: 01-188/1
Nikšić, 20.2.2023

UNIVERZITET CRNE GORE

Odboru za doktorske studije

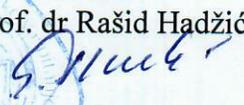
Senatu

Predmet: Dopuna dopisa broj 1857 od 4.11.2022.godine

Poštovani,

U prilogu Vam dostavljamo Odluku broj 01-188 od 20.2.2023.godine kao i biografije i bibliografije članova komisije.

S poštovanjem,

DEKAN
Prof. dr Rašid Hadžić



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Broj: 01-118
Nikšić, 20.2.2023

Na osnovu člana 64 Statuta Univerziteta Crne Gore i člana 41 Pravila doktorskih studija, Vijeće Fakulteta za sport i fizičko vaspitanje iz Nikšića, na sjednici održanoj 08.02.2023.godine, donijelo je:

ODLUKU

Utvrđuje se da su ispunjeni uslovi iz člana 38 Pravila doktorskih studija, te se predlaže Senatu Univerziteta Crne Gore da da saglasnost na predlog Komisije za ocjenu doktorske disertacije pod nazivom: „Nutritivni status djece mlađeg školskog uzrasta u urbanim i ruralnim područjima Crne Gore u odnosu na pol, uzrast, geografsku regiju i nivo fizičke aktivnosti" kandidata mr Dragana Baćovića, u sastavu:

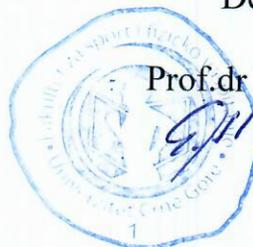
1. Prof. dr Kemal Idrizović, redovni profesor Fakulteta za sport i fizičko vaspitanje Univerziteta Crne Gore, predsjednik komisije
2. Prof. dr Stevo Popović, vanredni profesor Fakulteta za sport i fizičko vaspitanje Univerziteta Crne Gore, mentor - član
3. Prof. dr Duško Bjelica, redovni profesor Fakulteta za sport i fizičko vaspitanje Univerziteta Crne Gore, član
4. Doc. dr Danilo Bojanić, docent Fakulteta za sport i fizičko vaspitanje Univerziteta Crne Gore, član
5. Prof.dr Izet Bajramović, vanredni profesor Fakulteta sporta i tjelesnog odgoja Univerziteta u Sarajevu, član

Pripremila


Đurđa Burić

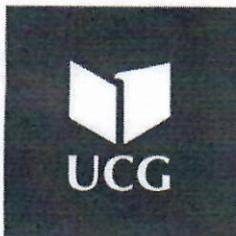
Dekan

Prof.dr Rašid Hadžić



Dostavljeno:

- a/a
- Odboru Centra za doktorske studije UCG
- Senatu UCG



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Broj / Ref 03-1318
Datum / Date 04.07.2022

Получено	Бр.	Порука	Знакост
	1060		

7.7.2022

Na osnovu člana 72 stav 2 Zakona o visokom obrazovanju („Službeni list Crne Gore“ br 44/14, 47/15, 40/16, 42/17, 71/17, 55/18, 3/19, 17/19, 47/19, 72/19 i 74/20 i 104/21) i člana 32 stav 1 tačka 9 Statuta Univerziteta Crne Gore, Senat Univerziteta Crne Gore, na sjednici održanoj 4.7.2022. godine, donio je

O D L U K U **O IZBORU U ZVANJE**

Dr DANILO BOJANIĆ bira se u akademsko zvanje **vanredni profesor Univerziteta Crne Gore** iz oblasti **Sportske nauke** na **Fakultetu za sport i fizičko vaspitanje Univerziteta Crne Gore**, na period od pet godina.



SENAT UNIVERZITETA CRNE GORE
PREDSJEDNIK

Božović
Prof. dr Vladimir Božović, rektor

BIOGRAFIJA DANILO BOJANIĆ

Zovem se Danilo (Novice) Bojanić i državljanin sam Crne Gore, sa stalnim prebivalištem u Nikšiću. Rođen sam 05. novembra 1985. godine u Nikšiću. Osnovnu školu a potom i Gimnaziju „Stojan Cerović” završio sam u rodnom gradu.

Na Filozofskom fakultetu (Odsjek za fizičku kulturu) diplomirao sam 06. jula 2008. godine, kao jedan od najboljih studenata generacije. Postdiplomske magistarske studije završio sam na Fakultetu za tjelesni odgoj i sport Univerziteta u Tuzli 2011. godine.

Na Fakultetu za sport i fizičko vaspitanje - Univerziteta Crne Gore, 01. juna 2016. godine uspješno sam odbranio doktorsku disertaciju pod naslovom “ **Relacije i uticaj bazično-motoričkog potencijala na situaciono motoričke sposobnosti odbojkašica**“, i time stekao zvanje doktora nauka iz oblasti fizičke kulture.

Bio sam dugogodišnji član FK „Sutjeska” iz Nikšića, gdje sam postizao zapažene rezultate, osvajač sam srebrne medalje kupa Srbije i Crne Gore. Dugi niz godina bio sam uspješan član karate kluba „Onogošt” iz Nikšića. Živim u Nikšiću, zaposlen sam na Fakultetu za sport i fizičko vaspitanje, oženjen.

PODACI O RADNIM MJESTIMA I IZBORIMA U ZVANJA

Kao nastavnik (pripravnik) fizičkog vaspitanja bio sam radno angažovan u Osnovnoj školi „Olga Golović” u Nikšiću 2008/2009. godine. U septembru 2011. godine dobio sam status zaposlenog na Fakultetu za sport i fizičko vaspitanje Univerziteta Crne Gore, kao saradnik u nastavi na grupi predmeta na osnovnom i specijalističkom akademskom studijskom programu Fizička kultura: Sportska gimnastika, Borilački sportovi, Rukomet tehnika i metodika, Rukomet – taktika, Odbojka tehnika i metodika, Odbojka taktika; Osnove skijanja; Metodika fizičkog vaspitanja sa školskim časom. Učestvovao sam kao jedan od predavača na seminaru za nastavnike fizičkog vaspitanja koji je organizovan 2015/2016. godine od strane Zavoda za školstvo Crne Gore.

U zvanje docenta na Univerzitetu Crne Gore izabran sam 04. maja 2017. godine za oblast Sportske nauke - Odbojka i fizičko vaspitanje na Fakultetu za sport i fizičko vaspitanje i na nematičnim fakultetima (Bilten br. 394, godina 2017, Podgorica 23. februar 2017, str. 10–16, odluka br. 03-1208). U toku 2015/16. godine bio sam učesnik međunarodnog projekta između

Crne Gore i Makedonije pod nazivom “Uticaj privrženosti državnoj reprezentaciji na nacionalni identitet u Crnoj Gori i Makedoniji” i projekta COVINVEST (uloga studenata u borbi protiv COVID-19). Takođe tokom 2020/2021. godine učestvovao sam u međunarodnom projektu pod nazivom” Delphy (consensus) Study informing a Professional Framework for Primary PETE.

Od 2017. do 2021. godine obavljao sam funkciju prodekana za nastavu na Fakultetu za sport i fizičko vaspitanje. Učestvovao sam kao član radne grupe nastavnika za izradu Strategije razvoja Univerziteta Crne Gore za period 2019-2024, bio predsjednik radnog tima za izradu Standarda i indikatora za obezbjeđenje i unapređenje kvaliteta/samoevaluacije na Fakultetu za sport i fizičko vaspitanje – UCG. Predsjednik radne grupe za pisanje Strategije razvoja Fakulteta za sport i fizičko vaspitanje-UCG 2019/2024. Član komisije za reakreditaciju studijskih programa Fakulteta za sport i fizičko vaspitanje u toku studijske 2021/22. U toku obavljanja funkcije prodekana za nastavu bio sam predsjednik komisije za magistarske studije i predsjednik komisije za kvalitet na Fakultetu za sport i fizičko vaspitanje. Pod mojim mentorstvom odbranjeno je više specijalističkih diplomskih radova, bio sam član komisija za ocjenu i/ili odbranu magistarskih radova i doktorskih disertacija.

U sklopu Erasmus + projekta boravio sam u Letoniji i bio gostujući predavač u studijskoj 2018/19. godini, na Latvian Academy of Sport Education, dok sam studijske 2020/21. bio predavač po pozivu u okviru International Teaching Week, na Palacky University Olomouc u Češkoj. Po pozivu sam 2021. godine bio recenzent za časopis Journal de Pediatria koji je indeksiran u Web of Science (SCIE bazi Q2), dok sam tokom 2022.godine bio recenzent za časopis Nutricion Hospitalaria, koji je indeksiran u Web of Science kategoriji (SCIE baza Q3). Tokom 2018/19.godine po pozivu Fakulteta sporta i fizičkog vaspitanja Univerziteta u Novom Sadu, izabran sam za člana Naučnog odbora Međunarodne naučne konferencije “Exercise and Quality of life-from Helthy Childhood to Active Aging, i učestvovao sam u uredništvu izdanja zbornika radova u okviru posebnog broja časopisa u WOS-u.

Aktivno se bavim istraživačkim radom, i objavio sam više radova u međunarodnim časopisima koji se nalaze u međunarodnim bazama podataka (Web of Science) i imaju redovnu međunarodnu distribuciju. Takođe, redovno posjećujem nacionalne i međunarodne naučne konferencije na kojima prezentujem najnovije pronalaskeske iz oblasti svog interesovanja. Aktivno se služim engleskim jezikom. Odlično rukujem računarom, a pored operativnog programa

Windows, služim se i sljedećim programima: MS Office - Word, Excel, PowerPoint, zatim SPSS, Corel Draw, Internet Explorer, Outlook Express i E-banking.

BIBLIOGRAFIJA DANILO BOJANIĆ

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2. **Bojanić, D.**, Ljubojević, M., Krivokapić, D., Nokić, A. & Mekić, A. (2022). Differences in morphological characteristics between female volleyball teams of Montenegro and Kosovo. *Kinesiologia Slovenica*, 28(2), 34-45. ISSN1318-2269.
https://www.kinsi.si/mma/03_Bojanic_Final.pdf/2022080815351510/
3. Baćović, D., Malović, P., Vrević, E., **Bojanic, D.** & Ljubojević, M. (2022). Nutritional status of younger primary school children in urban and rural areas of Montenegro in relation to sex and age during COVID-19 pandemic: A National Study. *International journal of Morphology*, 40(5):1289-1293. http://www.intjmorphol.com/wp-content/uploads/2022/10/Art_20_405.pdf
4. **Bojanic, D.**, Ljubojevic, M., Krivokapic, D. & Bjelica, D. (2020). Morphological Characteristics and Body Composition of Elite Volleyball Players: Three Montenegrin Clubs With Most Trophies Participating in European Competitions. *International Journal of Morphology*, 4(38), 903-908. [SCIE: IF= 0.369] ISSN:0717-950. http://www.intjmorphol.com/wp-content/uploads/2020/06/art_16_384.pdf
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8. Drapsin, M., **Bojanic, D.**, Ljubojevic, M., Sadri, F., Jaksic, D., Trivic, T., & Drid, P. (2020). Somatotype Profile of Male and Female Montenegrin Judokas. *International Journal of*

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10. **Bojanic, D.**, Ljubojević, M., Krivokapić, D., Nokić, A. & Tabakovic, M. (2020). Differences in morphological characteristics and body composition between of two elite volleyball players in Montenegro. *Journal of Physical Education and Sport*, 20 (3), 181: 1301 – 1306. [SCOPUS] <https://efsupit.ro/images/stories/mai2020/Art%20181.pdf>
11. Ljubojevic, M., **Bojanic, D.**, Krivokapic, D., & Nokić, A. (2020). Differences in Anthropometrics Characteristics and body composition between two elite female basketball clubs – champions of Slovenia and champions of Montenegro. *Sport Mont*,18(3):45-49.[SCOPUS] <https://scielo.conicyt.cl/pdf/ijmorphol/v38n6/0717-9502-ijmorphol-38-06-1528.pdf>
12. Milašinović, R., **Bojanić, D.**, Čvorović, A., & Kukić, F. (2019). Age and Gender Differences in Nutritional Status of School Children According to WHO, CDC and IOTF References: A Statewide Study from Montenegro. *Sport Mont*, 17(1), 15-21. [SCOPUS] http://www.sportmont.ucg.ac.me/clanci/SM_February_2019_Milasinovic_15-21.pdf
13. Krivokapić, D., Ljubojević, M. & **Bojanić, D.** (2022). The influence of European diplomats in Montenegro on the Development of sport at the end of the XIX century until the beginning of the First world war. *Sports Science and Health*, 12(1), 48-57. ISSN 2232-8211. (SCOPUS)

Radovi na naučnim konferencijama, učešća na izložbama, i slično

1. **Bojanić, D.**, Ljubojević, M., Malović, P., Vukotić, M. & Vujović, M. (2022). Morphological Characteristics and Motor Abilities Differences: First and Second Montenegrin League Female Volleyball Players. XXI International Scientific Conference entitled: „International Conference of Sport Science, Physical Education and Health“, which will be held on Dec 09 and 10, 2022. Belgrade.(77-78).
2. Vukotić, M., **Bojanić, D.**, Ljubojević, M., Nokić, A. & Baćović, D. (2022). Differences in body composition between young football players of football clubs in Montenegro. XXI International Scientific Conference entitled: „International Conference of Sport Science, Physical Education and Health“, which will be held on Dec 09 and 10, 2022. Belgrade.(80-81).

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5. Vrećić, E., Malović, P., Baćović, D., **Bojanić, D.**, & Bajramović, I. (2022). Nutritional status of second-grade and third-grade students of elementary schools in Herceg Novi. Učešće na 12. Međunarodnom simpoziju “Nove tehnologije u sportu”, NTS 2021. (15.-17.12.2021. Sarajevo, Bosna i Hercegovina).
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7. Krivokapić, D., **Bojanić, D.** & Ljubojević, M. (2021). Methods of determination of anaerobic threshold in swimmers training. The 18 th annual scientific conference and FIEP European congress “Sport, Physical Education, Physical acticity and Health: Contemporary Perspectives”: Dubrovnik, Croatia. 8-11. April 2021.
8. Ljubojević, M. & **Bojanić, D.** (2021). Handball teaching effects on motoric skills of primary school female students. The 18 th annual scientific conference and FIEP European congress “Sport, Physical Education, Physical acticity and Health: Contemporary Perspectives”: Dubrovnik,Croatia. 8-11. April 2021.
9. **Bojanić, D.**, Ljubojević, M. , Krivokapić, D. , Malović, P. Vasiljević, I.(2020). The influence of base-motor potentials on the accuracy of spike in elite female volleyball players. The 17 th annual scientific conference of Montenegrin sports academy “Sport, Physical Activity and Health: Contemporary Perspectives”:Cavtat, Dubrovnik,Croatia. 2-5 April 2020.
10. **Bojanić, D.**, Ljubojević,M., Milašinović, R., Vasiljević,I. (2019). Morphological Changes in Boys With Special Needs after physical education. 5th International scientific conference”Exercise and Quality of life” held in Novi Sad, Serbia on April 11-13,2019.
11. **Bojanić, D.**, Ljubojević, M., Milašinović,R., Nokić, A.(2019). The effects of teaching physical education on the transformation of morphological characteristics in children (girls)

with special needs. The 16 th annual scientific conference of Montenegrin sports academy “Sport, Physical Activity and Health:Contemporary Perspectives. Dubrovnik, 4 to 7 April 2019.

- 12.** Ljubojevic, M., Petrovic, J., Vasiljevic, I., Krivokapic, D., **Bojanic, D.** (2018). (NON) changeability of attitudes towards the subjects „Sport for athletes “ with regards to the time course. 15th International scientific conference of Montenegrin sports academy – “Sport performance”, Budva 12-15 April, 2018.
- 13.** **Bojanić, D.**, Radojičić, D., Muratović, A., Vasiljević, I., Ljubojevic, M., Lačić, O. (2017). Impact identification with the successes of the handball team of Montenegro In Book of Abstracts of the 14th International Scientific Conference on Transformation Process in Sport „Sport Performance”. Podgorica, 31.03 – 02.04.2017 (ISBN 978-9940-569-16-7).
- 14.** Vasiljevic, I., Bjelica, D., Gardasevic, J., Milasinovic, R., Ljubojevic, M., Krivokapic, D., **Bojanic, D.**(2018). Impact identification with successes Montenegro national water polo team. 15th International scientific conference of Montenegrin sports academy – “Sport performance”, Budva 12-15 April, 2018.



Broj: 01-379/18
Sarajevo, 25.04.2018. godine

08.05.2018

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Na osnovu čl.130. st. 2. tač. k) Zakona o visokom obrazovanju („Službene novine Kantona Sarajevo“ broj 33/17) i čl. 56. st. 1. tač. j) Statuta Univerziteta u Sarajevu od 26. juna 2013. godine, Senat Univerziteta u Sarajevu je na 18. sjednici održanoj 25.04.2018.godine donio

O D L U K U O IZBORU U ZVANJE VANREDNOG PROFESORA

I

U zvanje vanrednog profesora za oblast *metodika i metodologija u sportu* na Fakultetu sporta i tjelesnog odgoja Univerziteta u Sarajevu bira se dr. Izet Bajramović.

II

Dr. Izet Bajramović zaključit će ugovor o radu sa Fakultetom sporta i tjelesnog odgoja Univerziteta u Sarajevu na određeno vrijeme na period od šest godina.

III

Odluka o izboru u zvanje stupa na snagu danom donošenja.

Obrazloženje

Vijeće Fakulteta sporta i tjelesnog odgoja Univerziteta u Sarajevu na osnovu Izvještaja Komisije za pripremanje prijedloga za izbor u zvanja na sjednici održanoj 09.03.2018. godine utvrdilo je pozitivan prijedlog odluke o izboru dr. Izeta Bajramovića u zvanje vanrednog profesora za oblast *metodika i metodologija u sportu*. Nakon pozitivnog mišljenja Grupacije društvenih nauka od 17.04.2018. godine, Senat Univerziteta u Sarajevu je na sjednici održanoj 25.04.2018. godine donio odluku da se predloženi kandidat izabere u zvanje vanrednog profesora za oblast *metodika i metodologija u sportu*.

Postupak izbora akademskog osoblja završava se zasnivanjem radnog odnosa na način utvrđen u odredbama čl. 94. Zakona o visokom obrazovanju i čl.151 Statuta Univerziteta u Sarajevu. Na osnovu naznačenog odlučeno je kao u dispozitivu.

Pouka o pravnom lijeku:

Protiv ove odluke nije dozvoljena žalba, ali se može pokrenuti upravni spor pred Kantonalnim sudom u Sarajevu u roku od 30 dana od dana prijema odluke.

2e REKTOR

prof.dr. Rifat Skrijelj

Dostavljeno:

- Izabranom putem Fakulteta sporta i tjelesnog odgoja
- Fakultetu sporta i tjelesnog odgoja
- Službi za plan i analizu
- Arhivi x 2

Biografija - prof. dr Izet Bajramović

- Rođen 1978. godine u Sarajevu, Bosna i Hercegovina.
- Osnovna i srednja škola završena u Sarajevu.
- Na Fakultetu sporta i tjelesnog odgoja Univerziteta u Sarajevu stekao sljedeće titule: profesor sporta i tjelesnog odgoja (2004.g.); magistar nauka iz oblasti sporta i tjelesnog odgoja (2008.g.) i doktor nauka iz oblasti sporta i tjelesnog odgoja (2011.g.).
- Koordinator i voditelj sportskih aktivnosti za predškolski i mlađi školski uzrast u JU „Centar za sport i rekreaciju“ u Sarajevu (2004/05.g.)
- Od akademske 2005. do 2012. godine bio zaposlen na Nastavničkom fakultetu Univerziteta „Džemal Bijedić“ u Mostaru, u sljedećim saradničkim/nastavnim zvanjima za užu naučnu oblast sportske igre: asistent (od 2005g.); viši asistent (od 2008.g.) i docent (od 2011.g.).
- Od 2012. godine, zaposlen na Fakultetu sporta i tjelesnog odgoja Univerziteta u Sarajevu, i to u sljedećim nastavnim zvanjima: docent (od 2012.g.) i vanredni profesor (od 2017.g.) za oblast transformacioni procesi u sportu; te docent (od 2013.g.) i vanredni profesor (od 2018.g.) za oblast metodika i metodologija u sportu.
- Predmeti na kojima je predavao odnosno predaje su: Teorija sporta (I i II ciklus studija); Kondiciona priprema (I ciklus studija); Osnovi motorike (I ciklus studija); Nove tehnologije u sportu (I i II ciklus studija); Metodologija istraživačkog rada (I, II i III ciklus studija). Dugogodišnji angažman na praktičnom dijelu nastave za predmet skijanje po prijedlogu katedre za zimske sportove i odluke Vijeća nastavnika na fakultetu sporta i tjelesnog odgoja Univerziteta u Sarajevu.
- Na Fakultetu sporta i tjelesnog odgoja Univerziteta u Sarajevu obavljao dužnost šefa Katedre Transformacioni procesi u sportu i voditelja III ciklusa studija.
- U studijskoj 2018/19., 2019/20., i 2020/21. godini angažovan u nastavi kao vanjski saradnik na Fakultetu za sport i fizičko vaspitanje Univerziteta Crne Gore, na predmetima: Teoretske osnove metodike fizičkog vaspitanja, Metodika nastave fizičkog vaspitanja sa školskim radom, Pedagogija sporta, Etika u sportu i Transformacioni procesi u sportu.
- Član recenzentskog odbora internacionalnog naučnog časopisa *Sportski logos* (2010-2017); od 2017. godine angažovan u uredništvu internacionalnog naučnog časopisa *Journal of Anthropology of Sport and Physical Education* (JASPE); od 2019. godine član redakcije časopisa *Pregled* ispred Fakulteta sporta i tjelesnog odgoja kao članice grupacije društvenih nauka Univerziteta u Sarajevu, Bosna i Hercegovina; urednik konferencijskog zbornika radova *Nove tehnologije u sportu*; od 2020. godine angažovan u uredništvu internacionalnog naučnog časopisa *Sport Mont*.
- Akademska razmjena: zimski semestar studijske 2018/19. godine u Crnoj Gori, na Fakultetu za sport i fizičko vaspitanje Univerziteta Crne Gore (*Ceepus* program); ljetni semestar studijske 2018/19. godine u Litvaniji, na Univerzitetu *Lithuanian sports University* (*Erasmus+* program).
- Koordinator ispred Fakulteta sporta i tjelesnog odgoja Univerziteta u Sarajevu, za saradnju, stručni i istraživački rad sa Evropskom mrežom za promociju zdravlja i tjelesne aktivnosti (HEPA)
- Angažman u svojstvu člana radne grupe za kreiranje novih kurikuluma za predmet Tjelesni i zdravstveni odgoj / Sport, za osnovne i srednje škole na području Kantona Sarajevo, Bosna i Hercegovina.
- Realizovan UEFA program za fudbalskog trenera (A i B licenca); realizovan UEFA seminar fitness-a za fudbalske sudije (Kipar); licencirani učitelj skijanja (ATUS Bosna i Hercegovina).
- Realizator više naučno-stručnih projekata; sportski i stručno-edukacijski angažman iz oblasti sporta i fizičkog vaspitanja; predavač na seminarima iz oblasti sporta i fizičkog vaspitanja; dobitnik priznanja i zahvalnica; učesnik naučnih skupova.

Spisak referenci – prof. dr Izet Bajramović

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Број: 08-1419
Датум, 28.05.2015 г.

УНИВЕРЗИТЕТ ЦРНЕ ГОРЕ
ФАКУЛТЕТ ЗА СПОРТ И ФИЗИЧКО ВАСПИТАЊЕ

Ref: 12.06.2015

Date: _____

Број	Прилог	Вриједност
<u>046</u>		

Na osnovu člana 72 stav 2 Zakona o visokom obrazovanju (Službeni list Crne Gore br. 44/14) i člana 32 stav 1 tačka 9 Statuta Univerziteta Crne Gore, Senat Univerziteta Crne Gore, na sjednici održanoj 28. maja 2015. godine, donio je

**ODLUKU
O IZBORU U ZVANJE**

Dr KEMAL IDRIZOVIĆ bira se u akademsko zvanje **redovni profesor Univerziteta Crne Gore** za predmete: Osnovi antropomotorike, Metodika antropomotorike, Atletika I i Atletika II na Fakultetu za sport i fizičko vaspitanje.

REKTOR

Prof. Radmila Vojvodić



BIOGRAFIJA

Rođen sam 12. avgusta 1970. godine u Nikšiću. Osnovnu školu sam završio u rodnom gradu 1984. godine. U toku osnovne škole dva puta sam biran za učenika godine i nosilac sam diplome "Luča".

Srednju Mašinsko tehničku školu sam završio u Sarajevu 1988. godine, a u istom gradu sam u periodu od 1989. do 1992. godine odslušaio prve tri godine Fakulteta za fizičku kulturu. Bio sam najuspješniji student prve godine.

Na Filozofskom fakultetu u Nikšiću 3. novembra 1992. godine stičem diplomu nastavnika fizičkog vaspitanja, a 5. maja 1995. godine diplomu nastavnika razredne nastave. U Prištini na Fakultetu za fizičku kulturu 24. juna 1998. godine diplomiram sa ocjenom 10 i postajem profesor fizičke kulture.

Poslijediplomske studije upisujem na Fakultetu fizičke kulture u Novom Sadu, školske 1999/2000. godine i završavam ih kao prvi u generaciji 15. jula 2002. godine odbranivši magistarsku tezu «Relacije motoričkih sposobnosti i morfoloških karakteristika sa sprinterskom brzinom kod učenica srednje škole». Na istom fakultetu sam 29. 10. 2004. godine odbranio doktorsku disertaciju «Struktura i relacije motoričkih sposobnosti i morfoloških karakteristika sa brzinom i eksplozivnom snagom školske omladine».

U dva navrata sam, februar 2006. i februar 2008. godine, studijski boravio na Kineziološkom fakultetu u Zagrebu sa ciljem specijalističkog usavršavanja iz oblasti kondicionog treninga.

Specijalističko usavršavanje sam nastavio i u narednom periodu kroz studijske boravke u:

- Dublinu (Republika Irska) septembar mjesec 2010. godine,
- Madridu (Španija) novembar mjesec 2011. godine,
- Istanbulu (Turska) avgust mjesec 2013. godine i u
- Amsterdamu (Holandija), novembar mjesec 2013. godine.

Stalni radni odnos sam zasnovao 23. oktobra 1995. godine u Osnovnoj školi „Savo Pejanović“ u Podgorici.

Kao saradnik stipendista Univerziteta Crne Gore od 6. marta 2001. godine počinjem da radim na Filozofskom fakultetu u Nikšiću i to na Odsjeku za fizičku kulturu. U zvanje asistenta sam biran 23. septembra 2003. godine. U početku sam izvodio vježbe samo na predmetu Osnovi antropomotorike, dok sam u školskoj 2002/2003. godini osim iz predmeta Osnovi antropomotorike izvodio vježbe i iz predmeta Plivanje i Logorovanje, a u 2003/2004. i iz predmeta Skijanje. Od početka školske 2004/2005. godine na osnovu Odluke Univerziteta Crne Gore i Studijskog programa za fizičku kulturu Filozofskog fakulteta, pored vježbi započinjem izvoditi i predavanja za predmet Osnovi antropomotorike, a u ljetnjem semestru i za predmet Metodika antropomotorike.

Odlukom Senata Univerziteta Crne Gore, broj 01-1167, u Podgorici 26. 05. 2005. godine, izabran sam u akademsko zvanje docent Univerziteta Crne Gore za predmete: Osnovi antropomotorike i Metodika antropomotorike na Studijskom programu fizička kultura na Filozofskom fakultetu u Nikšiću.

Odlukom Senata Univerziteta Crne Gore, broj: 08-710, u Podgorici 29. 04. 2010. godine, izabran sam u akademsko zvanje vanredni profesor Univerziteta Crne Gore za predmete: Osnovi antropomotorike, Metodika antropomotorike, Atletika I i Atletika II na Fakultetu za sport i fizičko vaspitanje u Nikšiću.

U zvanje redovnog profesora Univerziteta Crne Gore za predmete: Osnovi antropomotorike, Metodika antropomotorike, Atletika I i Atletika II na Fakultetu za sport i fizičko vaspitanje u Nikšiću izabran sam odlukom Senata Univerziteta Crne Gore, broj: 08-1419, u Podgorici 28. 05. 2015. godine.

Oženjen sam i otac sam dvoje djece.

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Istraživački projekti

1. Senior research Associate in the scientific project entitled: „Sublingual Nucleotides and Immune Response to exercise“, project identifier no. 175-03/10. Project is partially supported by HIT Southern Pty Ltd, Denistone, Australia (Grant No. SO-11-752) from 2012 to 2013.
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3. Učesnik u Istraživačkom projektu „Incidencija, faktori rizika i protektivni faktori ozljeđivanja kod nogometnih sudaca“, Kineziološki fakultet, Sveučilišta u Splitu.

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Međunarodni kongresi, simpozijumi i seminari

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Uvodno, objavljeno plenarno predavanje Na sastancima sa međunarodnim učesnicima

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Број: 08-229
Датум, 29.01.2015 г.

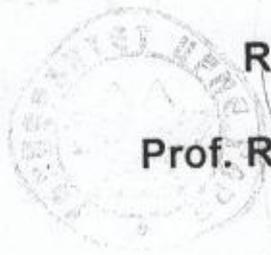
Ref: Црна Гора
Date: УНИВЕРЗИТЕТ ЦРНЕ ГОРЕ
ФАКУЛТЕТ ЗА СПОРТ И ФИЗИЧКО ВАСПИТАЊЕ
Примљено: 02.02.2015.

Орг. јед.	Број	Прилог	Вриједност
	95		-

Na osnovu člana 72 stav 2 Zakona o visokom obrazovanju (Službeni list Crne Gore br. 44/14) i člana 18 stav 1 tačka 3 Statuta Univerziteta Crne Gore, Senat Univerziteta Crne Gore, na sjednici održanoj 29. januara 2015. godine, donio je

ODLUKU O IZBORU U ZVANJE

Dr **DUŠKO BJELICA** bira se u akademsko zvanje **redovni profesor Univerziteta Crne Gore** za predmete: Teorijske osnove fizičke kulture, na osnovnom akademskom studijskom programu Fizička kultura i nematičnim fakultetima, Teorijske osnove tjelesnog i zdravstvenog obrazovanja, Fudbal - tehnika, metodika, Fudbal - taktika, na osnovnom akademskom studijskom programu Fizička kultura, Teorija fizičkog vaspitanja i osnove školskog sporta, Teorije sportskog treninga, na postdiplomskom specijalističkom akademskom studijskom programu Fizička kultura na **Fakultetu za sport i fizičko vaspitanje** i Teorija igre, na postdiplomskom primijenjenom specijalističkom studijskom programu Predškolsko vaspitanje na Filozofskom fakultetu.



REKTOR

Prof. Radmila Vojvodić

Izvodi iz BIOGRAFIJE prof. dr Duška Bjelice

Bjelica Jevrema Duško, rođen sam 7. oktobra 1963. godine u Podgorici gdje sam završio osnovnu školu i Srednju fiskulturnu školu 1982. godine. Kao učenik te škole imam diplomu za osvojeno drugo mjesto na Republičkom takmičenju u odbojci i medalju sa saveznog klupskog takmičenja u fudbalu.

Nastavnički fakultet- smjer fizičko vaspitanje sam završio u Nikšiću i tada bio angažovan kao trener više klubova u fudbalu, a u Republičkoj ligi počev od 1987. godine. U Novom Sadu sam završio Fakultet fizičke kulture, a kao profesor stekao i diplomu profesora-trenera za fudbal, 1995. godine. Nakon toga, 1996. godine sam na Filozofskom fakultetu u Nikšiću položio i državni stručni ispit.

Magistrirao sam u Skoplju na Fakultetu fizičke kulture Univerziteta "Sv. Kiril i Metodije" 1999. godine, a na državnom Fakultetu za sport i fizičko vaspitanje Univerziteta u Beogradu odbranio sam doktorsku disertaciju 2003. godine.

U Centru za školovanje kadrova za fudbal u Fudbalskom savezu Jugoslavije sam verifikovan za predavača, a dva mandata sam bio profesionalno prvo tehnički sekretar, pa sekretar Saveza a potom i generalni sekretar Fudbalskog saveza Crne Gore.

Fudbal sam aktivno igrao u klubovima: FK Agrokombinat i FK Budućnost iz Podgorice od 1977 do 1982. godine u Jedinstvenoj omladinskoj ligi Crne Gore a bio kratko registrovan i za OFK Titograd .

Šef stručnog štaba, bio sam u Fudbalskom klubu Ribnica iz Podgorice 1988/1989. godine, tadašnjem članu Republičke lige Crne Gore, kao tada najmlađi školovani trener u FSCG , a godinu dana ranije bio sam i prvi trener u istom klubu.

Na Školi trenera FSCG-FSJ u Nastavnom centru Podgorica bio sam predavač na predmetima: Pravila fudbalske igre, Teorija fudbala i Metodika fudbala. Na Višoj školi za sportske trenere Fakulteta za sport i fizičko vaspitanje Univerziteta u Beogradu sam bio predavač po pozivu na predmetima: Teorija sportskog treninga, Antropomotorika i Teorija i Metodika fudbala, a nakon toga i predavač po pozivu na magistarskim-poslijediplomskim studijama tog fakulteta.

Bio sam gostujući profesor na Fakultetu za tjelesni odgoj i sport u Tuzli, i Fakultetu za turizam i sport u Novom Sadu na postdiplomskim-magistarskim studijama, a po pozivu sam držao predavanja i na Fakultetu za sport i tjelesni odgoj u Sarajevu i FPMOZ u Mostaru. Kao profesor fudbala angažovan sam bio i na Državnom univerzitetu u Novom Pazaru i TIMS u Novom Sadu.

Bio sam član Generalnog sekretarijata FSJ. U dva mandata sam bio član Komisije za mali fudbal FSJ. Na listi delegata za savezni rang FSJ bio sam punih osam sezona. Sa navršениh 28. godina starosti bio sam delegat "vječitog derbija" na utakmici Partizan –Crvena Zvezda, a sa 30 godina starosti delegat na utakmici finala Kupa FSJ, Crvena Zvezda – Obilić, što u FSJ nikome do sada nije pošlo za rukom u tim godinama.

Tvorac sam i realizator ideje i organizator svih pet spektakularnih fudbalskih susreta seniora Crna Gora – Montenegrostars sa međunarodnim karakterom, odigranim u Podgorici pod nazivom –revija asova.

Bio sam član Odbora za hitna pitanja FS Crne Gore i FS Jugoslavije. U dva mandata sam bio član Skupštine FSJ i takođe u dva mandata član Skupštine FS Crne Gore. Obavljao sam niz značajnih funkcija u organima Međurepubličke lige Jug sa sjedištem u Sarajevu, gdje sam bio zvanični specijalni posmatrač i član Koordinacionog odbora za rukovođenje takmičenjem za tu ligu.

U ime Fudbalskog saveza Crne Gore bio sam jedini i zvanični kandidat za funkciju predsjednika FSJ 2000.godine. Bio sam član Komisije za omladinski fudbal, Komisije za sudijska pitanja, Stručnog odbora i još niz organa u fudbalskoj organizaciji.

Bio sam član Skupštine i član Predsjedništva Crnogorskog olimpijskog komiteta, kao predstavnik fudbalskog sporta u Crnoj Gori.

Predsjednik sportske asocijacije Montenegrosport iz Podgorice i bio rukovodilac Škole fudbala Montenegrosport iz Podgorice.

Kao učenik, student i kasnije kao trener i sportski radnik, bio sam više od deset godina dopisnik JSL Sport iz Beograda u kojem sam u tom periodu objavio više od 2350 naslova. Sarađivao sam i sa Pobjedom, Polisom, Fizička kultura, Titogradskom tribinom, Ringom, Koha javore, Ishrana, fizička aktivnost i zdravlje, sportski magazin Sport Mont, stručnim i naučnim časopisom sa međunarodnom redakcijom i distribucijom Sport Mont iz oblasti sporta, fizičkog vaspitanja i zdravlja. Bio sam član Udruženja sportskih novinara Crne Gore i sekcije sportskih novinara Podgorice.

Glavni sam urednik međunarodnog časopisa Montenegrin Journal of Sports Science and Medicine i časopisa Sport Mont.

Jedan sam od osnivača Otvorene međunarodne zabavne fudbalske škole u Crnoj Gori sa sjedištem u Danskoj (Kopenhagen) i na istima imao predavanja.

Učesnik sam mnogih međunarodnih naučnih kongresa i konferencija na kojima sam imao više zapaženih izlaganja koja su javno publikovana i koja su pobrojana u mojoj bibliografiji.

Predsjednik sam Crnogorske sportske akademije iz Podgorice, stručne i naučne sportske organizacije koju su sa preko 1000 potpisa podržali članovi :sportista sportskih trenera, profesora, univerzitetskih profesora, naučnika iz zemlje i inostranstva, koja je do sada u Crnoj Gori organizovala devetnaest Međunarodnih naučnih konferencija CSA sa preko četiri hiljade učesnika iz zemlje i inostranstva.

Bio sam član autorskog tima za pisanje Nacionalnog programa i nacionalne strategije sporta Crne Gore. Predsjednik i član Nacionalnog savjeta za sport. Član Savjeta za visoko obrazovanje Vlade Crne Gore u ime UCG.

Objavio sam ukupno 74 knjige, kao autor i koautor. To su naučne studije, udžbenici i monografije.

Kao autor i koautor objavio sam 50 radova u časopisima koji su u bazi WOS / SCIE/SSCI/ESCI / .

U bazi SCOPUS sam kao autor ili koautor objavio 27 radova, a preko 200 radova u časopisima u ostalim citatnim bazama i na međunarodnim konferencijama.

U Fudbalskom savezu Crne Gore, profesionalno sam radio punih 12 godina, počev od 1989. godine, gdje sam se do 1997. godine nalazio na funkciji sekretara, sa koje sam te godine izabran za generalnog sekretara, zaključno sa 2021. Godinom.

Za vrijeme obavljanja funkcije generalnog sekretara FSCG, u isto vrijeme sam od oktobra 2000. godine do juna 2001. godine bio i generalni direktor Fudbalskog kluba Budućnost iz Podgorice.

Od 2002. do 2004. godine, profesionalno sam zaposlen u Opštini Podgorica gdje sam obavljao funkciju Savjetnika Gradonačelnika Podgorice za oblast sporta .

Od 2005.godine sam zaposlen na Univerzitetu Crne Gore,na kojem sam kao spoljni sardanik i ranije izvodio nastavu, na Filozofskom fakultetu u Nikšiću, gdje sam bio i rukovodilac studijskih programa:fizička kultura, sportski treneri, sportski novinari. Odlukom Senata br 01-1655 od 4.07.2005 godine sam izabran u zvanje docenta.

Odlukom Senata Univerziteta Crne Gore 2010. godine sam izabran u zvanje vanrednog profesora, a 2015. godine u zvanje redovnog profesora na neodređeno vrijeme.

Od 2008.godine sam na Fakultetu za sport i fizičko vaspitanje Univerziteta Crne Gore, gdje sam funkciju dekana obavljao u dva mandata do 2014.godine kada sam podnio ostavku zbog druge funkcije na UCG.

Bio sam član Senata UCG , Odbora za doktorske studije i član Upravnog odbora Univerziteta Crne Gore čiji sam bio i dugogodišnji predsjednik na predlog Senata UCG. Obavljao sam niz funkcija u raznim organima UCG gdje sam biran odlukama Senata UCG.

Za svoj rad sam više puta nagrađivan od strane FSJ, FSCG , UCG , FIEPS-a Evrope, Sportskog komiteta "Huan antonio Samaran" sa Fakulteta za sport i fizičko vaspitanje iz N.Sada , Mostar , Zagreba, Sarajeva, Splita , Nikšića , kao i od Saveza pedagoga fizičke kulture , Sekretarijata za sport Glavnog grada Podgorice, Udruženja sportskih novinara i brojnih klubova i sportskih organizacija.

Takođe , od UCG su mi izrečen i dvije poručene i neutemeljene kazne koje su sramota onih koji su u tome učestvovali i na način kojim su to radili.

Član sam više međunarodnih redakcija.

Za sve ispred navedeno posjedujem konkretne dokaze.

Prof. dr Duško Bjelica

Podgorica , 08.02.2023.godine.

Prof. dr Duško Bjelica , redovni profesor

1. OBJAVLJENI RADOVI U ČASOPISIMA

1.1 Objavljeni radovi u međunarodnim časopisima

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2. RADOVI NA NAUČNIM SKUPOVIMA

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3. OBJAVLJENE KNJIGE- udzbenici , monografije , naučne studije

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Prof. dr Duško Bjelica , redovni profesor UCG ; Podgorica , 08.02.2023.godine.



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Универзитет Црне Горе
ФАКУЛТЕТ ЗА СПОРТ И ФИЗИЧКО ВАСПИТАЊЕ

Примљено: <u>11. 10. 2018</u>			
Org. јед.	Број	Прилог	Вриједност
	<u>2163</u>		

Na osnovu člana 72 stav 2 Zakona o visokom obrazovanju („Službeni list Crne Gore“ br. 44/14, 47/15,40/16,42/17,71/17) i člana 32 stav 1 tačka 9 Statuta Univerziteta Crne Gore, Senat Univerziteta Crne Gore na sjednici održanoj 09.10. 2018.godine, donio je

ODLUKU O IZBORU U ZVANJE

Dr **STEVO POPOVIĆ** bira se u akademsko zvanje **vanredni profesor Univerziteta Crne Gore za oblast Sportske nauke (Antropologija tjelesnog vježbanja i sporta, Liderstvo u sportu i Društveni odnosi u sportu)** na Fakultetu za sport i fizičko vaspitanje Univerziteta Crne Gore, na period od pet godina.



**SENAT UNIVERZITETA CRNE GORE
PREDSJEDNIK**

Prof.dr Danilo Nikolić, rektor

KRATKA BIOGRAFIJA – prof. dr Stevo Popović

Rođen je 16.9.1979. godine u Bačkoj Topoli. Osnovnu školu je završio u Feketiću gdje je zaslužio najprestižniju diplomu za postignuti uspjeh tokom školovanja, „Vukovu diplomu“ i pet posebnih diploma iz sljedećih predmeta: matematika, srpsko-hrvatski jezik i književnost, geografija, njemački jezik i fizika. Gimnaziju je završio u Bačkoj Topoli sa odličnim uspjehom. Godine 2003. je diplomirao na Univerzitetu u Novom Sadu sa temom „Mogućnosti realizacije sportsko – rekreativnih programa u Nacionalnom parku Fruška gora” čime je stekao zvanje profesora fizičkog vaspitanja i diplomiranog trenera fudbala. Godine 2009. je magistrirao na istom univerzitetu sa temom „Uloga marketinga u savremenim tokovima na primeru sportskih organizacija“ i stekao zvanje magistra nauka, dok je 2011. doktorirao, takođe na Univerzitetu u Novom Sadu sa temom „Reklamiranje u sportu kao efektivno sredstvo savremene poslovne komunikacije“ kada je stekao zvanje doktora nauka. U toku doktorskih i postdoktorskih studija, boravio je na Middle East Technical University u Ankari, Univerzitetu u Ljubljani, Alexander Technological Educational Institute of Thessaloniki (ATEITH) u Solunu, Univerzitetu Sofia Antipolis u Nici, Univerzitetu za fizičko vaspitanje u Budimpešti, Univerzitetu u Novom Sadu, Univerzitetu u Splitu, Univerzitetu u Mostaru i dr.

Dosadašnji rad imenovanog je rezultirao objavljivanjem značajnog broja stručnih i naučnih radova, brojnim predavanjima na domaćim i međunarodnim stručnim i naučnim skupovima, kao i pojedine rukovodeće pozicije u organizaciji nekoliko renomiranih konferencija, uređivačke i recenzentske aktivnosti u nekoliko prestižnih časopisa, kao i aktivne pozicije u značajnom broju akademskih mreža i stručnih društava (CEEPUS, COST, WHO HEPA, FIEPS, CANU i dr.). Takođe, imenovani je bio član, odnosno rukovodilac nekoliko projekata koji su finansirani od strane domaćih i međunarodnih subjekata.

Biran je u zvanje saradnika u nastavi za užu naučnu oblast Osnovne naučne discipline u sportu i fizičkom vaspitanju i bio je angažovan na Fakultetu sporta i fizičkog vaspitanja u Novom Sadu za realizaciju istraživačkih projekata Fakulteta i vježbi na nastavnom predmetu Fudbal po studijskim programima za osnovne i strukovne studije gdje je radio dvije školske godine (2008-2010), a od 2011. godine radi na Fakultetu za sport i fizičko vaspitanje u Nikšiću, gdje je počeo kao saradnik u nastavi. Godine 2013. je izabran u zvanje docenta, a 2018. godine u zvanje vanrednog profesora i izvodi nastavu na predmetima Liderstvo u sportu, Društveni odnosi u sportu i Antropologija tjelesnog vježbanja i sporta. Godine 2014. je izabran za prodekana za nauku i međunarodnu saradnju, a 2015. godine za dekana na kojoj se poziciji nalazio dva mandata. Sa druge strane, bio je član i angažovan na poziciji predsjednika Uređivačkog odbora Univerziteta Crne Gore, dok trenutno pokriva poziciju ko-direktora Balkanskog instituta za nauku i inovacije.

Srećno je oženjen i ima dvoje djece.

Stevo Popovic

<https://www.webofscience.com/wos/author/rid/S-7125-2016>

Web of Science ResearcherID: S-7125-2016

Publications

MANUSCRIPTS PUBLISHED (49)

From date range February 2018 - February 2023

Copyright protection of live esports broadcast under China's new Copyright Law

Authors (5): Gong, Tao; Fan, Zhenni ... Wang, Guangxing

Published: Nov 2022 in Technology in Society

DOI: 10.1016/J.TECHSOC.2022.102123

Web of Science accession number: WOS:000868328700001

DE-PASS Best Evidence Statement (BEST): modifiable determinants of physical activity and sedentary behaviour in children and adolescents aged 5-19 years-a protocol for systematic review and meta-analysis

Authors (64): Khudair, Mohammed; Marcuzzi, Anna ... Ling, Fiona Chun Man

Published: Sep 2022 in BMJ Open

DOI: 10.1136/BMJOPEN-2021-059202

Web of Science accession number: WOS:000857002500023

S02-1 Physical activity and sedentary behaviour of children aged 6-9 in Europe: an analysis within the Childhood Obesity Surveillance Initiative (COSI)

Authors (58): Whiting, Stephen; Buoncristiano, Marta ... Breda, Joao

Published: Aug 2022 in European Journal of Public Health

DOI: 10.1093/EURPUB/CKAC093.006

Web of Science accession number: WOS:000848627100223

Effect of Functional Training on Physical Fitness Among Athletes: A Systematic Review

Authors (10): Xiao, Wensheng; Soh, Kim Geok ... Gardasevic, Jovan

Published: Aug 2022 in Frontiers in Physiology

DOI: 10.3389/FPHYS.2021.738878

Web of Science accession number: WOS:000698500200001

Editorial: "Effective strategies for promoting health-enhancing children's physical activity"

Authors (5): Matic, Radenko M.; Milovanovic, Ivana M. ... Popovic, Stevo

Published: Jul 2022 in Frontiers in Public Health

DOI: 10.3389/FPUBH.2022.964316

Web of Science accession number: WOS:000838363100001

Mapping the Mountains of Giants: Anthropometric Data from the Western Balkans Reveal a Nucleus of Extraordinary Physical Stature in Europe (vol 11, 786, 2022)

Authors (17): Grasgruber, Pavel; Masanovic, Bojan ... Mihailovic, Natasa

Published: Jul 2022 in Biology

DOI: 10.3390/BIOLOGY11071050

Web of Science accession number: WOS:000834561700001

Morphological Characteristics and Situational Precision of U15 and U16 Elite Male Players from Al-Ahli Handball Club (Bahrein)

Authors (6): Banjevic, Boris; Zarkovic, Boris ... Masanovic, Bojan

Published: Jul 2022 in Sports

DOI: 10.3390/SPORTS10070108

Web of Science accession number: WOS:000831651900001

Mapping the Mountains of Giants: Anthropometric Data from the Western Balkans Reveal a Nucleus of Extraordinary Physical Stature in Europe

Authors (17): Grasgruber, Pavel; Masanovic, Bojan ... Mihailovic, Natasa M.

Published: May 2022 in Biology

DOI: 10.3390/BIOLOGY11050786

Web of Science accession number: WOS:000801550600001

Editorial: Maximal Neuromuscular Capacities: Relevance to Daily Function and Athletic Performance

Authors (5): Uygur, Mehmet; Akpınar, Selcuk ... Sarabon, Nejc

Published: May 2022 in Frontiers in Physiology

DOI: 10.3389/FPHYS.2022.908611

Web of Science accession number: WOS:000804922000001

Abstracts from the 19th Annual Scientific Conference of Montenegrin Sports Academy "Sport, Physical Activity and Health: Contemporary perspectives": Dubrovnik, Croatia. 7-10 April 2022 Abstracts

Authors (4): Bjelica, Dusko; Popovic, Stevo ... Sekulic, Damir

Published: Apr 2022 in Montenegrin Journal of Sports Science and Medicine

DOI: 10.26773/MJSSM.220401

Web of Science accession number: WOS:000800278500001

The 2021 National Report on Sports Innovation for Montenegro: Content Analysis

Authors (6): Katanic, Borko; Pekovic, Sanja ... Popovic, Stevo

Published: Feb 2022 in Sustainability

DOI: 10.3390/SU14042463

Web of Science accession number: WOS:000766538100001

The Effects of Demographic Trends on the High-Quality Development of the Chinese Sports Industry

Authors (7): Duan, Yuping; Li, Ping ... Matic, Radenko M.

Published: Jan 2022 in Sustainability

DOI: 10.3390/SU14021039

Web of Science accession number: WOS:000758831900001

The Association Between Regular Physical Exercise, Sleep Patterns, Fasting, and Autophagy for Healthy Longevity and Well-Being: A Narrative Review

Authors (12): Min, Sicheng; Masanovic, Bojan ... Popovic, Stevo

Published: Dec 2021 in *Frontiers in Psychology*

DOI: 10.3389/FPSYG.2021.803421

Web of Science accession number: WOS:000730489900001

Parental Perceptions of Children's Weight Status in 22 Countries: The WHO European Childhood Obesity Surveillance Initiative: COSI 2015/2017

Authors (52): Ramos Salas, Ximena; Buoncristiano, Marta ... Breda, Joao

Published: Nov 2021 in *Obesity Facts*

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Web of Science accession number: WOS:000727696900001

Thinness, overweight, and obesity in 6-to 9-year-old children from 36 countries: The World Health Organization European Childhood Obesity Surveillance Initiative-COSI 2015-2017

Authors (55): Spinelli, Angela; Buoncristiano, Marta ... Breda, Joao

Published: Nov 2021 in *Obesity Reviews*

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Web of Science accession number: WOS:000670480200001

Physical Activity and Body-Mass-Index: Do Family, Friends and Teachers Restrain the Risk for Physical Inactivity in Adolescents?

Authors (8): Renninger, Denise; Sturm, David Joseph ... Demetriou, Yolanda

Published: Jul 2021 in *Sustainability*

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Web of Science accession number: WOS:000670949100001

Attitudes of Sport Organization Officials toward Links between the Sports Sector, Sports Industry, and Knowledge Organizations with Innovations in Montenegrin Sport

Authors (5): Popović Stevo; Bjelica Duško ... Radenko Matic

Published: Jun 2021 in *Sport Mont*

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Attitudes and Preferences of Students in Sports Science Concerning the Use of E-Learning and Social Media at the University of Novi Sad

Authors (4): Stevo Popović; Miodrag Zarubica ... Radenko Matic

Published: Jun 2021 in *Sport Mont*

DOI: 10.26773/SMJ.210616

Relationship Between National Economic Development and Body Mass Index in Chinese Children and Adolescents Aged 5-19 From 1986 to 2019

Authors (5): Bu, Te; Popovic, Stevo ... Gardasevic, Jovan

Published: Apr 2021 in *Frontiers in Pediatrics*

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Heterogeneous contributions of change in population distribution of body mass index to change in obesity and underweight NCD Risk Factor Collaboration (NCD-RisC)

Authors (1380): Iurilli, Maria L. C.; Zhou, Bin ... Filippi, Sarah

Published: Mar 2021 in eLife

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Web of Science accession number: WOS:000627596100001

Field-Based Health-Related Physical Fitness Tests in Children and Adolescents: A Systematic Review

Authors (10): Marques, Adilson; Henriques-Neto, Duarte ... Ihle, Andreas

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Physical Activity, Screen Time, and Sleep Duration of Children Aged 6-9 Years in 25 Countries: An Analysis within the WHO European Childhood Obesity Surveillance Initiative (COSI) 2015-2017

Authors (58): Whiting, Stephen; Buoncristiano, Marta ... Breda, Joao

Published: Mar 2021 in Obesity Facts

DOI: 10.1159/000511263

Web of Science accession number: WOS:000601360700001

Editorial: Monitoring and Promoting Physical Activity and Physical Fitness in Children

Authors (4): Popovic, Stevo; Sarmiento, Hugo ... Marques, Adilson

Published: Feb 2021 in Frontiers in Public Health

DOI: 10.3389/FPUBH.2021.633457

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Trends in Physical Fitness Among School-Aged Children and Adolescents: A Systematic Review

Authors (7): Masanovic, Bojan; Gardasevic, Jovan ... Popovic, Stevo

Published: Dec 2020 in Frontiers in Pediatrics

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Body Mass Index and Measures of Body Fat for Defining Obesity and Underweight: A Cross-Sectional of Various Specialties in Montenegrin Army Soldiers

Authors (4): Popovic, Stevo; Banjevic, Boris ... Bjelica, Dusko

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Height and body-mass index trajectories of school-aged children and adolescents from 1985 to 2019 in 200 countries and territories: a pooled analysis of 2181 population-based studies with 65 million participants

Authors (1378): Rodriguez-Martinez, Andrea; Zhou, Bin ... Zuziak, Monika

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Trajectories in Body Height, Body Weight, BMI, and Nutrition Status From 1979 to 1987: A Measurement-Based Analysis of 15,717 Male Adolescents From the Capital City of Montenegro

Authors (5): Popovic, Stevo; Masanovic, Bojan ... Gardasevic, Jovan

Published: Nov 2020 in *Frontiers in Public Health*

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Attitudes of Academic Staff from Different Stages of Their Proficiency in Research and Teaching Activities in Sports Sciences: A Case Study of the University of Montenegro

Authors (5): Radenko Matic; Popović Stevo ... Vuković Jovan

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The 2018 National Report on Children's and Adolescents' Physical Activity and Physical Fitness for Montenegro

Authors (4): Masanovic, Bojan; Popovic, Stevo ... Gardasevic, Jovan

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Web of Science accession number: WOS:000580581100022

Estimation of Different Research Expectations of First-Year Students from the Sport Science Programmes and Their Teachers from Various Stages of Their Proficiency

Authors (4): Popović Stevo; Radenko Matic ... Maksimović Nebojša

Published: Jun 2020 in *Sport Mont*

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Body Mass Index and Body Fat Percentage of Armed Forces Personnel in Montenegro among Different Age Groups

Authors (3): Banjevic, Boris; Popovic, Stevo; Masanovic, Bojan

Published: May 2020 in *Iranian Journal of Public Health*

DOI: 10.18502/IJPH.V49I5.3224

Web of Science accession number: WOS:000531781700025

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Authors (3): Bjelica, Dusko; Popovic, Stevo; Akpinar, Selcuk

Published: Apr 2020 in *Montenegrin Journal of Sports Science and Medicine*

DOI: 10.26773/MJSSM.200401

Web of Science accession number: WOS:000567068300001

Nationwide Stature Estimation From Armspan Measurements in Albanian Youngsters

Authors (5): Masanovic, Bojan; Popovic, Stevo ... Bjelica, Dusko

Published: Apr 2020 in *International Journal of Morphology*

DOI: 10.4067/S0717-95022020000200382

Web of Science accession number: WOS:000511087000023

INNOVATIVE STRATEGIES FOR CREATING AND ASSESSING RESEARCH QUALITY AND SOCIETAL IMPACT IN SOCIAL SCIENCES AND HUMANITIES

Authors (6): Janinovic, Jovana; Pekovic, Sanja ... Bach, Mirjana Pejic

Published: 2020 in Interdisciplinary Description of Complex Systems

DOI: 10.7906/INDECS.18.4.5

Web of Science accession number: WOS:000586025600004

Research Quality Evaluation in Social Sciences: The Case of Criteria on the Conditions and Requirements for Academic Promotion in Serbia, Slovenia and Montenegro

Authors (3): Popovic, Stevo; Pekovic, Sanja; Matic, Radenko M.

Published: Sep 2019 in Montenegrin Journal of Sports Science and Medicine

DOI: 10.26773/MJSSM.190908

Web of Science accession number: WOS:000481625100008

Beliefs about the Influence on Attitudes of Turkish University Students toward Advertising through Sport

Authors (1): Stevo Popovic

Published: Jun 2019 in Sport Mont

DOI: 10.26773/SMJ.190602

Rising rural body-mass index is the main driver of the global obesity epidemic in adults

Authors (1155): Bixby, Honor; Bentham, James ... Ezzati, Majid

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DOI: 10.1038/S41586-019-1171-X

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The coast of giants: an anthropometric survey of high schoolers on the Adriatic coast of Croatia

Authors (10): Grasgruber, Pavel; Prc, Stipan ... Kalina, Tomas

Published: Apr 2019 in PeerJ

DOI: 10.7717/PEERJ.6598

Web of Science accession number: WOS:000464918100002

Exponential versus linear tapering in junior elite soccer players: effects on physical match performance according to playing positions

Authors (3): Krespi, Marino; Sporis, Goran; Popovic, Stevo

Published: Mar 2019 in Montenegrin Journal of Sports Science and Medicine

DOI: 10.26773/MJSSM.190303

Web of Science accession number: WOS:000458745000003

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Authors (4): Gardasevic, Jovan; Akpinar, Selcuk ... Bjelica, Dusko

Published: Feb 2019 in Applied Bionics and Biomechanics

DOI: 10.1155/2019/6763470

Web of Science accession number: WOS:000458972500001

Who Play for the National Football Team of Montenegro, Montenegrins or "Montenegrins"?

Published: Feb 2019 in Sport Mont

DOI: 10.26773/SMJ.190220

Assessing Tourist Revisit Intention through the Sports and Recreational Services Offered

Authors (4): Markus, Zarko; Perovic, Djurdjica ... Popovic, Stevo

Published: 2019 in Business Systems Research Journal

DOI: 10.2478/BSRJ-2019-023

Web of Science accession number: WOS:000487198900011

Effects of Physical and Social Activity on Physical Health and Social Inclusion of Elderly People

Authors (2): Popovic, Stevo; Masanovic, Bojan

Published: 2019 in Iranian Journal of Public Health

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Differences in body height between the contemporary Western Balkan children and the WHO growth references core sample

Authors (11): Starc, Gregor; Popovic, Stevo ... Leskosek, Bojan

Published: 2019 in Anthropological Notebooks

Web of Science accession number: WOS:000516804400004

Nationwide Stature Estimation from Sitting Height Measurements in Kosovan Adolescents

Authors (1): Popovic, Stevo

Published: 2019 in International Journal of Morphology

DOI: 10.4067/S0717-95022019000200504

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Authors (3): Masanovic, Bojan; Popovic, Stevo; Bjelica, Dusko

Published: 2019 in Pedagogics, Psychology, Medical-Biological Problems of Physical Training and Sports

DOI: 10.15561/18189172.2019.0403

Web of Science accession number: WOS:000482200500003

Research and Writing Development in the Area of Sport Science Publishing in Montenegro

Published: Oct 2018 in Sport Mont

DOI: 10.26773/SMJ.181006

Effects of physical inactivity on body composition of older people: A meta analysis

Published: 2018 in Journal of Physical Activity & Health

Web of Science accession number: WOS:000446516100722

Arm-span measurement as an alternative estimation of true height in Montenegrin young adults of both sexes: A national survey

Authors (1): Popovic, Stevo

Published: 2018 in Anthropological Notebooks

Web of Science accession number: WOS:000465569800004

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ODBORU ZA DOKTORSKE STUDIJE

Crna Gora
УНИВЕРЗИТЕТ ЦРНЕ ГОРЕ
ФАКУЛТЕТ ЗА СПОРТ И ФИЗИЧКО ВАСПИТАЊЕ
Број 1858
Никшић, 4.11.2022 год.

Predmet: Dopuna obrazca D2 Ispunjenost uslova doktoranta

Poštovani,

Prosleđujemo Vam dopunu materijala povodom zahtjeva doktoranta mr Dragana Baćovića zavedenog pod brojem 1829 od 2.11.2022. godine.

Članom 38, stav drugi, Pravila doktorskih studija glasi: „Prilikom predaje doktorske disertacije student treba da, kao prvi autor, ima konačno prihvaćen rad sa rezultatima iz disertacije u časopisu sa SCI/SCIE liste, kada je doktorat iz prirodno-matematičkih, medicinskih, tehničko-tehnoloških i poljoprivrednih nauka, odnosno jedan rad sa rezultatima iz disertacije u časopisu sa SSCI, SCI/SCIE ili A&HCI liste, kada je doktorat iz oblasti društvenih i humanističkih nauka.”

Objavlјivanjem naučnog rada u časopisu koji je indeksiran u SSCI (Science Citation Index Expanded). Komisija za doktorske studije, a shodno članu 38 smatra da su ispunjeni uslovi za dalju proceduru ocjene doktorske disertacije.

U prilogu Vam dostavljamo dokumenta kod kojih je bilo neophodno napraviti izmjene vezane za podatke o objavlјenom originalnom naučnom radu, i to:

1. Pismenu saglasnost mentora da rad zadovoljava kriterijume doktorske disertacije;
2. Štampanu verziju objavlјenog rada iz rezultata doktorske disertacije;
3. CD sa biografijom, bibliografijom i objavlјenim radom iz rezultata doktorske disertacije u PDF formatu.

Nikšić, 3. 11. 2022. godine

Komisija za doktorske studije:

doc. dr Marija Vukotić

prof. dr Danilo Bojanić

doc. dr Aldijana Nokić

ISPUNJENOST USLOVA DOKTORANDA

OPŠTI PODACI O DOKTORANDU			
Titula, ime, ime roditelja, prezime	mr Dragan (Mladen) Bačović		
Fakultet	Fakultet za sport i fizičko vaspitanje		
Studijski program	Fizička kultura		
Broj indeksa	1/2019		
NAZIV DOKTORSKE DISERTACIJE			
Na službenom jeziku	Nutritivni status djece mlađeg školskog uzrasta u urbanim i ruralnim područjima crne gore u odnosu na pol, uzrast, geografsku regiju i nivo fizičke aktivnosti		
Na engleskom jeziku	Nutritional status of younger primary school children in urban and rural areas of montenegro in relation to gender, age, geographical region, and level of physical activity		
Naučna oblast	Sportske nauke		
MENTOR/MENTORI			
Prvi mentor	prof. dr Stevo Popović	Univerzitet Crne Gore	Sportske nauke
KOMISIJA ZA PREGLED I OCJENU DOKTORSKE DISERTACIJE			
prof. dr Kemal Idrizović		Univerzitet Crne Gore	Sportske nauke
prof. dr Stevo Popović		Univerzitet Crne Gore	Sportske nauke
prof. dr Duško Bjelica		Univerzitet Crne Gore	Sportske nauke
doc. dr Danilo Bojanić		Univerzitet Gore	Sportske nauke
prof. dr Izet Barjamović		Univerzitet u Sarajevu	Sportske nauke
Datum značajni za ocjenu doktorske disertacije			
Sjednica Senata na kojoj je data saglasnost na ocjenu teme i kandidata	12.12.2020.		
Dostavljanja doktorske disertacije organizacionoj jedinici i saglasnost mentora	27.05.2022.		
Sjednica Vijeća organizacione jedinice na kojoj je dat prijedlog za imenovanje komisija za pregled i ocjenu doktorske disertacije	12.07.2022.		
ISPUNJENOST USLOVA DOKTORANDA			
U skladu sa članom 38 pravila doktorskih studija kandidat je/nije cjelokupna ili dio sopstvenih istraživanja vezanih za doktorsku disertaciju publikovao u časopisu sa (SCI/SCIE)/(SSCI/A&HCI) liste kao prvi autor.			
Spisak radova doktoranda iz oblasti doktorskih studija koje je publikovao u časopisima sa (upisati odgovarajuću listu)			
1. Bacovic, D., Malovic, P., Vrevic, E., Bojanic, D. & Ljubojevic, M. (2022). Nutritional status of younger primary school children in urban and rural areas of Montenegro in relation to sex and age during COVID-19 pandemic: a national study. <i>International Journal of</i>			

Morphology, 40(5):1289-1293.

http://www.intjmorphol.com/wp-content/uploads/2022/10/Art_20_405.pdf

(Print ISSN 0717-9367; Online ISSN 0717-9502)

International Journal of Morphology, Chile, 2022. godina

Science Citation Index Expanded (SCIE)

Obrazloženje mentora o korišćenju doktorske disertacije u publikovanim radovima

Za mentora je imenovan prof. dr Stevo Popović na sjednici Senata održanoj 08.05.2020. godine, a imenovani je saglasan da je kandidat ispunio sve uslove za prelazak na sljedeći proceduralni korak, odnosno u proces imenovanja Komisije za pregled i ocjenu doktorske disertacije, a što je dokumentovano potpisanom saglasnošću istog br. 754/1 od 27.05.2022. godine. Mentor, takođe, ističe da je kandidat u publikovanom radu „Nutritional Status of Younger Primary School Children in Urban and Rural Areas of Montenegro in Relation to Sex and Age During COVID-19 Pandemic: A National Study“ koji je objavio u časopisu indeksiranom u SCIE indeksnoj bazi, koristio rezultate iz doktorske disertacije na adekvatan način, odnosno u navedenom radu su prezentovani djelovi doktorske disertacije kako nalažu Pravila doktorskih studija.

Datum i ovjera (pečat i potpis odgovorne osobe)

U Nikšiću,
 02.11.2022.



DEKAN


Prilog dokumenta sadrži:

1. Potvrdu o predaji doktorske disertacije organizacionoj jedinici
2. Odluku o imenovanju komisije za pregled i ocjenu doktorske disertacije
3. Kopiju rada publikovanog u časopisu sa odgovarajuće liste
4. Biografiju i bibliografiju kandidata
5. Biografiju i bibliografiju članova komisije za pregled i ocjenu doktorske disertacije sa potvrdom o izboru u odgovarajuće akademsko zvanje i potvrdom da barem jedan član komisije nije u radnom odnosu na Univerzitetu Crne Gore

UNIVERZITET CRNE GORE
FAKULTET ZA SPORT I FIZIČKO VASPITANJE

Crna Gora
UNIVERZITET CRNE GORE
ФАКУЛТЕТ ЗА СПОРТ И ФИЗИЧКО ВАСПИТАЊЕ

Примљено	2. 11. 2022		
Својина	Број	Профтор	Вриједност
	1829/1		

PISMENA SAGLASNOST

Saglasan sam da doktorski rad „Nutritivni status djece mlađeg školskog uzrasta u urbanim i ruralnim područjima crne gore u odnosu na pol, uzrast, geografsku regiju i nivo fizičke aktivnosti“, kandidata Dragana Baćovića, krene u dalju proceduru, odnosno da se imenuje Komisija za pregled i ocjenu doktorske disertacije, budući da sadrži sve elemente propisane za dalju proceduru.

Takođe, naglasio bih da kandidat u publikovanom radu koji je objavio u časopisu indeksiranom u SCIE bazi koristio rezultate iz doktorske disertacije na adekvatan način, odnosno u navedenom radu su prezentovani djelovi doktorske disertacije kako nalažu pravila doktorskih studija.

Referenca za publikovani rad u Science Citation Index Expanded (SCIE):

- Bacovic, D.; Malovic, P.; Vrevic, E.; Bojanic, D. & Ljubojevic, M. Nutritional status of younger primary school children in urban and rural areas of Montenegro in relation to sex and age during COVID-19 pandemic: a national study. *Int. J. Morphol.*, 40(5):1289-1293, 2022.

International Journal of Morphology

2022.godine

S poštovanjem,

Nikšić, 02. 11. 2022. godine

Prof. dr Stevo Popović



Nutritional Status of Younger Primary School Children in Urban and Rural Areas of Montenegro in Relation to Sex and Age During COVID-19 Pandemic: A National Study

Estado Nutricional de los Niños más Pequeños de la Escuela Primaria en Áreas Urbanas y Rurales de Montenegro en Relación con el Sexo y la Edad Durante la Pandemia de COVID-19: Un Estudio Nacional

Dragan Bacovic; Pavle Malovic; Erol Vrevic; Danilo Bojanic & Milovan Ljubojevic

BACOVIC, D.; MALOVIC, P.; VREVIC, E.; BOJANIC, D. & LJUBOJEVIC, M. Nutritional status of younger primary school children in urban and rural areas of Montenegro in relation to sex and age during COVID-19 pandemic: a national study. *Int. J. Morphol.*, 40(5):1289-1293, 2022.

SUMMARY: Prevention and correction of overweight in children and adolescents is also very important for many reasons. According to previous research, the problem tends to vary according to sex, and different ages and the lifestyle in rural and urban areas has changed drastically in recent years and decades. Regarding the above-mentioned, the main goal of this research was to determine the nutritional status of young school children in urban and rural areas of Montenegro in relation to sex and age. The sample in this research has consisted of children aged 6 and 9 (younger school age). The total sample in this research is 800 male and female children who belong to the urban and rural areas of Montenegro. The sample of variables used in this study was: body mass index-percentile values (BMI), and waist circumference and body height ratio (WHtR) which were used as indicators to assess nutritional status. Based on obtained results it could be generally concluded that there are no statistically significant differences in nutritional status between primary school children from urban and rural areas of Montenegro, which is the opposite of what was expected based on previous research, but also which is very important since all subjects in the future can be treated as homogeneous groups when it comes to the impact of environment and lifestyle on the nutrition status of younger school children. On the other hand, it is important to emphasize that the main limitation of this research is that measurements were carried out in the middle of the COVID-19 pandemic, and the recommendation could be that after the end of the pandemic, special "COVID teams" should be formed, which would consist of experts from various fields of physical culture, sports, and medicine, all with the aim of influencing possible problems with nutritional status and physical activity of young school children caused by a pandemic.

KEY WORDS: Nutritional status; Level of physical activity; Young school children; Urban and rural areas; Montenegro.

INTRODUCTION

Underweight, overweight, and obesity during childhood and adolescence are associated with negative health consequences throughout life. Prevention and correction of overweight in children and adolescents is also very important for many reasons. The first relates to the fact that weight loss and maintenance after weight loss is difficult to achieve, and there is a high chance that excess weight in childhood and adolescence is likely to lead to overweight and obesity in later life. Second, being overweight in childhood and adolescence is associated with a higher risk and earlier onset of chronic disorders such as diabetes type 2. Third, obesity in childhood and adolescence has

detrimental psychosocial consequences and reduces educational attainment. It is also important to point out that children and adolescents are more susceptible to uncritical acceptance of advertising messages through the media when it comes to food than adults, which increases children's exposure to unhealthy foods and increases the risk of developing these problems (Must *et al.*, 1992; Lobstein *et al.*, 2004; Singh *et al.*, 2008; Abdullah *et al.*, 2011; Park *et al.*, 2012; Caird *et al.*, 2014; Quek *et al.*, 2017; cited in NCD Risk Factor Collaboration, 2019). Since the 1970s, the prevalence of overweight, defined as Body mass index (BMI) values at or above the 95th percentile, has more than doubled

for pre-school children aged 2-5 years and adolescents aged 12-19 years, and it has more than tripled for children aged 6-11 years (Liu *et al.*, 2008). There are many studies that point out that urbanization and lifestyle imposed by new living conditions are one of the main reasons for the increase in overweight and obesity, and that is the best shown by BMI growth. It was considered that, above all, nutrition, but also other segments of the lifestyle in the urban areas, are the dominant factor that causes this epidemiological problem. Most of the studies focused their research exclusively on the urban population, and it turned out that they unjustifiably bypassed rural areas. However, the study that posed a research question that had not been considered for many years was a global study involving populations from over 200 countries (NCD Risk Factor Collaboration, 2019) and the conclusions reached in this study are reflected in the fact that there is a greater increase overweight and obesity in adults in rural areas. Interestingly, although there are a significant number of studies, not much attention has been paid to the BMI growth rate in the period 1985-2017, in rural areas, where is observed almost twice an increase than in urban areas, for both men and women (NCD Risk Factor Collaboration, 2019). However, the mentioned study among others, included also the Montenegrin population, but only approximate data are given for each of the populations from included countries, and not all age categories are processed. Also, it is not clear how the respondents were divided by the area in which they live, which may be a significant methodological problem, primarily because it is not exactly defined whether they were classified in urban or rural areas, based on personal statements, or official records. From the above, it can be noticed that there has been a change in the trend when it comes to the nutritional status of people belonging to urban and rural areas, so the question is why this happened and what will be the situation with young school children who belong to urban and rural areas of Montenegro. It is assumed that more and more attention will be paid to this issue in the coming period, both in developed and developing countries around the world.

MATERIAL AND METHOD

In terms of time constraint, the research is of transversal character, and it consists of a one-off measurement of the corresponding anthropometric characteristics of young school children who belong to Montenegro.

Sample of subjects. The sample in this research is represented by children aged 6 and 9 (younger school age), ie. children of the first and fourth

grade of primary school. The total sample in this research is 800 male and females children belonging to the urban and rural areas of Montenegro. Out of the total sample, 586 children belong to urban areas (288 males and 298 females), while 214 children belong to rural areas of Montenegro (105 males and 109 females). The above-mentioned age was sampled for the reason that there is a need to examine the nutritional status in two different cycles of primary school, ie. to compare the lifestyle habits of children in urban and rural areas at the time when children start school when the influence of the environment should have a more dominant role, and at the moment when the second cycle of primary school begins when children, does not matter from which areas they come, potentially adopt passive lifestyle habits.

Sample of measures. The sample of variables used in this study was body height, body weight, and waist circumference on the basis of which the following anthropometric indices were calculated: body mass index-percentile values (BMI) and waist circumference-to-height ratio (WHtR), which were used as indicators to assess nutritional status of young school children who belong to urban and rural areas in Montenegro.

Method of data processing. All data required for this study were processed in a specialized data processing program IBM SPSS statistics 23.0. Data were processed by descriptive and comparative statistical procedures. Differences in nutritional status of young school children from urban and rural areas of Montenegro, were determined using discriminant parametric procedures and t-test for small independent samples, with a statistical significance of $p < 0.05$.

RESULTS

In Table I showed the structure of all respondents belonging to urban areas of Montenegro in relation to sex according to percentile values of BMI. Based on the percentile values of BMI with overweight, there were 105 respondents (17.92 %), of which 56 boys (9.56 %) and 49 girls (8.36 %), and 78 respondents were obese (13.3 %), of which 51 boys (8.7 %) and 27 girls (4.6 %).

Table I. Distribution of percentile values of BMI among young school children belonging to urban areas of Montenegro in relation to sex

BMI - percentile	M		F		Total	
	N	%	N	%	N	%
Underweight	8	1.37	17	2.90	25	4.27
Normal-weight	172	29.35	206	35.15	378	64.5
Overweight	56	9.56	49	8.36	105	17.92
Obesity	51	8.7	27	4.60	78	13.3
Total	287	48.98	299	51.02	586	100

Table II. Distribution of percentile values of BMI among young school children belonging to rural areas of Montenegro in relation to sex.

BMI - percentile	M		F		Total	
	N	%	N	%	N	%
Underweight	5	2.34	5	2.34	10	4.68
Normal-weight	60	28.04	78	36.45	138	64.49
Overweight	18	8.41	14	6.54	32	14.95
Obesity	22	10.28	12	5.60	34	15.88
Total	105	49.07	109	50.93	214	100

Table III. T-test values between arithmetic means of variables for assessing the nutritional status of male children belonging to urban and rural areas of Montenegro.

Variable	U		R		t-test	Sig.
	N	Mean±SD	N	Mean±SD		
BMI	287	65±29.09	105	68±28.66	-.908	.364
WHtR	287	.47±.05	105	.47±.06	-.370	.712

Table IV. T-test values between arithmetic means of variables for assessing the nutritional status of female children belonging to urban and rural areas of Montenegro.

Variable	U		R		t-test	Sig.
	N	Mean±S	N	Mean±SD		
BMI	299	58±30.8	109	53±29.93	1.602	.110
WHtR	299	.46±.04	109	.45±.04	.678	.498

Table V. T-test values between arithmetic means of variables for assessing the nutritional status of male children of the first grade of primary school belonging to urban and rural areas of Montenegro.

Variable	U		R		t-test	Sig.
	N	Mean±S	N	Mean±SD		
BMI	139	62±29.54	48	65±29.81	-.575	.566
WHtR	139	.46±.05	48	.46±.04	.412	.681

Table VI. T-test values between arithmetic means of variables for assessing the nutritional status of male children of the fourth grade of primary school belonging to urban and rural areas of Montenegro.

Variable	U		R		t-test	Sig.
	N	Mean±SD	N	Mean±SD		
BMI	148	68±28.49	57	71±27.64	-.645	.519
WHtR	148	.47±.05	57	.48±.07	.767	.444

Table VII. T-test values between arithmetic means of variables for assessing the nutritional status of female children of the first grade of primary school belonging to urban and rural areas of Montenegro

Variable	U		R		t-test	Sig.
	N	Mean±S	N	Mean±SD		
BMI	145	56±30.69	59	53±29.25	.729	.467
WHtR	145	.46±.04	59	.46±.04	-.027	.978

Table VIII. T-test values between arithmetic means of variables for assessing the nutritional status of female children of the fourth grade of primary school belonging to urban and rural areas of Montenegro.

Variable	U		R		t-test	Sig.
	N	Mean±S	N	Mean±S		
BMI	154	61±31	50	53±30.6	1.645	.102
WHtR	154	.46±.05	50	.45±.05	1.183	.238

Table II showed the structure of all respondents belonging to rural areas of Montenegro in relation to sex according to percentile values of BMI. Based on percentile BMI values with overweight, there were 32 respondents (14.95 %), of which 18 boys (8.41 %) and 14 girls (6.54 %), and 34 respondents were obese (15.88 %), of which 22 boys (10.28 %) and 12 girls (5.6 %).

When it comes to the values of all three presented variables for the assessment of nutritional status in Table III, it can be noticed that there are no statistically significant differences between male children belonging to urban and rural areas of Montenegro. In the BMI variable, children belonging to rural areas show slightly higher numerical values, while in the WHtR variable both groups of respondents have identical values.

When it comes to the values of all presented variables for the assessment of nutritional status in Table IV, it can be noticed that there are no statistically significant differences between female children belonging to urban and rural areas of Montenegro. In the variables BMI and WHtR, children belonging to urban areas show slightly higher numerical values.

Based on results in Table V when it comes to the grade that children attend, it can be noted that there are no statistically significant differences between male children attending the first grade of primary school in urban and rural areas of Montenegro. In the variable BMI, children belonging to rural areas show slightly higher numerical values, while in the variable WHtR both groups of respondents have identical values.

When it comes to the values of all variables for assessing nutritional status shown in Table VI, it can be noticed that there are no statistically significant differences between male children attending the fourth grade of primary school in urban and rural areas of Montenegro. In all presented variables, children belonging to rural areas show slightly higher numerical values.

When it comes to the values of all presented variables for assessing nutritional status in Table VII, it can be noticed that there are no statistically significant differences between female children attending the first grade of primary school in urban and rural areas of Montenegro. In variable BMI,

children belonging to urban areas show slightly higher numerical values, while in the variable WHtR both groups of respondents have identical values.

When looking at the values of the presented variables for the assessment of nutritional status in Table VIII, it can be noticed that there are no statistically significant differences between female children attending the fourth grade of primary school in urban and rural areas of Montenegro. In the variables BMI and WHtR, children belonging to urban areas show slightly higher numerical values.

DISCUSSION

When it comes to percentile values of BMI, the results show that the total percentage of male respondents who belong to urban areas of Montenegro with overweight status is 9.56 %, while the percentage of obese respondents is 8.7 %. Regarding male respondents who belong to rural areas, the situation is very similar, where the percentage of overweight respondents is 8.41 %, while the percentage of obese respondents is 10.28 %. Also, when we consider a mean values of both variables for the assessment of nutritional status, it can be noticed that there are no statistically significant differences in nutritional status between male respondents who belong to urban and rural areas of Montenegro and both groups are in the normal-weight category. The percentage of overweight female respondents from the urban areas of Montenegro is 8.36 %, while the percentage of obese respondents is 4.6 %. When it comes to male respondents from rural areas the situation is very similar, where the percentage of overweight respondents is 6.54 %, while the percentage of obese respondents is 5.6 %. Statistically significant differences in nutritional status were not found in respondents of both sexes, and according to the results obtained, both groups of respondents belong to the normal-weight category. Also, when comparing the nutritional status of male and female respondents belonging to urban and rural areas of Montenegro in relation to age, no statistically significant differences were found. Analyzing the results in other populations, it is noted that most developed and developing countries face major problems when it comes to obesity epidemics in both urban and rural areas. Five studies were analyzed in a systematic review of children and adolescents living in urban and rural areas of the United States. From all included studies in four is stated that living in rural areas is associated with a higher prevalence or increased chance of developing obesity, compared to children living in urban areas, and also children from rural areas were 26 % more likely to develop obesity compared to children from urban areas (Johnson 3rd & Johnson, 2015).

Also, the results of study which is conducted on a sample of primary and secondary school children from the United States showed that children who belong to rural areas were more obese (16.5 %) than children living in urban areas (14.3 %) (Liu *et al.*, 2008). A meta-analysis conducted in China on sample of primary school children showed that the percentage of overweight increased from 5 % to 11.7 % in the period from 1991 to 1995, but obese from 1.7 % to 6.8 % in the period from 2011 to 2015. Also in this study, it was found that the rate of overweight and obese children in the period from 1991 to 2015 was higher in children who belong to urban areas of the state of China (Guo *et al.*, 2019). The prevalence of overweight and obesity is higher in urban (17 %) than in rural areas (13.5 %) in the sample of children and adolescents who live in the Asian continent (Indonesia) (Nurwanti *et al.*, 2019). In the study conducted in Kenya is stated that overweight is more common in boys than in girls. Boys and girls aged 9 to 12 who attend primary school in rural areas of Kenya had higher values of BMI, hip circumference, and triceps skinfold compared to children attending primary school in urban areas of Kenya, and also they are more obese in relation to their peers from rural areas (Adamo *et al.*, 2011). Biehl *et al.* (2013) found that children living in rural areas were 1.5 times more likely to develop overweight and obesity when BMI values were taken into account, and 2.2 times more likely when their WHtR ratios were taken into account. Based on the presented results in this study and the discussion that followed, it could be generally concluded that there are no statistically significant differences in nutritional status between primary school children from urban and rural areas of Montenegro, which is very important, since all subject subsamples in the future they can be treated as homogeneous groups of respondents when it comes to this issue. However, it should be taken into account that the pandemic of the COVID-19 virus had a significant impact on lifestyle habits, which could lead to the conclusions being contrary to expectations, i.e. that all children had the same rules they must follow, and soon after its completion, the lifestyle could return to normal and there is a real expectation that differences could appear. Nevertheless, this study has a valuable scientific contribution which is reflected in the fact that adequate conclusions were made at a time when regular anthropometric measurements were not available to conduct, so it will represent significant scientific literature in the future when the positive and negative effects of the pandemic will be analyzing. Also, this study can have an impact on raising public health awareness, which should be aimed at educating all responsible individuals about healthy nutrition, strengthening the physical activity of children at a very sensitive age. The stated benefits of this study should be equally focused on children in urban and rural areas, in order to minimize the impact of the environment in which children live on their

nutritional status. Since this research was conducted during the COVID-19 pandemic, it is recommended that after the end of the pandemic, special "COVID teams" be formed, which would consist of experts from various fields of physical culture, sports, and medicine, all with the aim of influencing possible problems with nutritional status and physical activity of young school children caused by a pandemic. Also, a recommendation for future research would be to test the same sample of respondents after the end of the COVID-19 pandemic, in order to check for possible differences in the results obtained.

ACKNOWLEDGEMENTS. We are grateful to the Ministry of Education and the Institute for Education for enabling us to conduct measurements in primary schools in Montenegro, by giving us official recommendations which we gave to all directors of primary schools included in this study.

BACOVIC, D.; MALOVIC, P.; VREVIC, E.; BOJANIC, D. & LJUBOJEVIC, M. Estado nutricional de los niños más pequeños de la escuela primaria en áreas urbanas y rurales de Montenegro en relación con el sexo y la edad durante la pandemia de COVID-19: un estudio nacional. *Int. J. Morphol.*, 40(5):1289-1293, 2022.

RESUMEN: La prevención y corrección del sobrepeso en niños y adolescentes es muy importante por muchas razones. Según investigaciones previas, el problema tiende a variar según el sexo, las diferentes edades y el estilo de vida en las zonas rurales y urbanas ha cambiado drásticamente en los últimos años y décadas. Con respecto a lo mencionado anteriormente, el objetivo principal de esta investigación fue determinar el estado nutricional de los niños pequeños en edad escolar en áreas urbanas y rurales de Montenegro en relación con el sexo y la edad. La muestra en esta investigación ha estado compuesta por niños de 6 y 9 años (menor edad escolar). La muestra total en esta investigación fue de 800 niños y niñas que pertenecían a las zonas urbanas y rurales de Montenegro. La muestra de variables utilizadas en este estudio fue: índice de masa corporal-valores percentiles (IMC), circunferencia de la cintura y relación talla corporal (RCCE), los cuales se utilizaron como indicadores para evaluar el estado nutricional. Sobre la base de los resultados obtenidos, se pudo concluir en general que no existen diferencias estadísticamente significativas en el estado nutricional entre los niños de primaria de las zonas urbanas y rurales de Montenegro, que es lo contrario de lo que se esperaba en base a investigaciones anteriores, pero que también es muy importante, ya que todos los temas en el futuro pueden ser tratados como grupos homogéneos en lo que respecta al impacto del medio ambiente y el estilo de vida en el estado nutricional de los niños en edad escolar más pequeños. Por otro lado, es importante recalcar que la principal limitación de esta investigación fue que las mediciones se realizaron en plena pandemia de COVID-19, y la recomendación podría ser que luego de finalizada la pandemia, equipos especiales "COVID", que estaría integrado por expertos de diversas áreas de la cultura física, el deporte y la medicina, todo ello con el objetivo de incidir en los posibles proble-

mas del estado nutricional y de actividad física de los jóvenes escolares provocados por una pandemia.

PALABRAS CLAVE: Estado nutricional; Nivel de actividad física; Escolares jóvenes; Zonas urbanas y rurales; Montenegro.

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BIOGRAFIJA

mr Dragan Baćović

Dragan Baćović je rođen 29.11.1994. godine u Nikšiću gdje je završio osnovnu školu "Luka Simonović" i JU Srednju Ekonomsko Ugostiteljsku školu. Fakultet za sport i fizičko vaspitanje je upisao 2013. godine, a 2016. godine završio osnovne studije. Tokom osnovnih studija dva puta biva nagrađivan priznanjem za najbolji postignuti rezultat u tekućoj godini. Iste godine upisuje specijalističke studije na pomenutoj univerzitetskoj jedinici, a završava novembra 2017. godine, odbranom diplomskog rada na temu: "Učestalost deformiteta ravnog stopala kod učenika prvog ciklusa osnovne škole" čime stiče zvanje specijaliste Fizičke kulture, sa prosječnom ocjenom B (9.48) i biva nagrađen za najbolji postignuti rezultat u tekućoj godini. Po završetku specijalističkih studija prijavljuje se za program stručnog osposobljavanja od januara 2018 do oktobra 2018. godine u OŠ "Mileva Lajović Lalatović". Nakon završenog programa stručnog osposobljavanja upisuje magistarske studije, smjer Fizička kultura i završava u oktobru 2019. godine odbranom rada na temu "Dužina stopala i dužina šake kao pouzdani prediktori za procjenu relativne tjelesne visine crnogorskih studenata", sa prosječnom ocjenom B (9.17), čime stiče zvanje magistra nauka i biva nagrađen za najbolji postignuti rezultat u tekućoj godini. Studijske 19/20 upisuje doktorske studije, na već pomenutoj univerzitetskoj jedinici i u roku završava sve obaveze predviđene planom i programom. Od februara 2019. godine biva angažovan kao saradnik u nastavi na Fakultetu za sport i fizičko vaspitanje u Nikšiću. Od 2020. godine postaje predstavnik saradnika u nastavi na pomenutoj univerzitetskoj jedinici, a nedugo zatim i predstavnik saradnika u nastavi u Senatu Univerziteta Crne Gore. U periodu od 2014 do 2019. sprovodi kondicione

treninge sa košarkašima različitog uzrasta. Dva puta je sa futsal ekipom Fakulteta za sport i fizičko vaspitanje bio šampion Studentske sportske lige u futsalu i takođe, dva puta bio drugoplasirani.

Od malih nogu ga je privlačio sport, naročito fudbal. Svoje prve fudbalske korake načinio je u FK "Sutjeska" iz Nikšića. Uspjehe koje je postigao sa imenovanim klubom su: titula prvaka Crne Gore i titula kupa Crne Gore u kadetskom uzrastu, kao i titula prvaka Crne Gore i kupa Crne Gore u omladinskom uzrastu. Učesnik je mnogih konferencija i aktivan je u naučno-istraživačkom radu sa značajnih brojem objavljenih naučnih radova. Pored navedenog, trenutno je primarno posvećen obavezama koje su u opisu posla saradnika u nastavi na Fakultetu za sport i fizičko vaspitanje, Univerziteta Crne Gore.

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